

TO: EXECUTIVE OFFICERS – STATE BOARDS OF PHARMACY

FROM: Lemrey “Al” Carter, Executive Director/Secretary

DATE: October 24, 2024

RE: Pharmacy Board Participation in Wellbeing First Champion Challenge

---

During the National Association of Boards of Pharmacy (NABP) Executive Officer Forum held in September, attendees discussed the [Wellbeing First Champion Challenge](#) with Corey Feist, MBA, JD, executive director of the Dr. Lorna Breen Heroes’ Foundation. Participation in this challenge is one way boards of pharmacy can take steps to support pharmacy staff’s access to mental health care.

To help us determine the current progress of boards of pharmacy in the Champion Challenge, please take five minutes to fill out this brief questionnaire:

<https://www.surveymonkey.com/r/QYWVDTY>

NABP encourages you to take the next step of submitting verification that overly broad and invasive mental health questions are not present in your licensure applications. The Dr. Lorna Breen Heroes’ Foundation offers a [toolkit](#) to guide regulators in the verification process.

As of September 1, 2024, one dental licensure board, 29 medical licensure boards, and four nursing licensure boards verified their licensing applications do not include intrusive mental health questions — benefiting more than 1.1 million licensed health workers. Currently, the progress [map](#) for pharmacy shows no states that have earned the Wellbeing First Champion Badge.

Working together, we can get pharmacy on the map and meet our goal of having all jurisdictions represented by the 121<sup>st</sup> NABP Annual Meeting in May 2025.

cc: Corey Feist, Dr. Lorna Breen Heroes’ Foundation  
NABP Executive Committee  
Lemrey “Al” Carter, Executive Director/Secretary